

CLINICIAN OR PARTICIPANT SIDES

Clinician: When was the last time you were well, not depressed at all, for at least 2 months?

Participant: I ... I don't know. It's been a long time. As long as I can remember.

Clinician: Okay, I hear you, but let me try to ask a few additional questions. Do you think you felt better in the past couple of years, say 2023 or 2024?

Participant: No, I don't think so.

Clinician: Okay – what about in relation to the COVID pandemic, which began Spring 2020?

Participant: Hmm, you know, I think I felt better for a while after I was finally able to get a vaccine.

Clinician: What makes you say that?

Participant: Well, I was finally able to travel, and to see my family. And I just felt more hopeful about life in general.

Clinician: Okay, and how long do you think that hopefulness lasted?

Participant: Gosh, I'd say at least a good 3-4 months if not more.

Clinician: Okay, and was this a time also when you think you were feeling better mood-wise, little to no depressive symptoms or loss of interest or pleasure, improved sleep and energy and motivation?

Participant: Yes, yes now that I think about it I really was feeling so much better.

Clinician: Okay, so when do you think you got that first vaccine?

Participant: Hmm, I'd say maybe Spring 2021.

Clinician: February? March? April?

Participant: Hmm, actually right around Valentine's Day. Because I remember now that I went to New York then.

Clinician: Okay, so would you say then you were feeling better mid-February 2021 for at least two months?

Participant: Yes, yes.

Clinician: Great. So, now for some of the future questions, I'll ask you to compare your symptoms this past week, since last Friday, to that period of time, February 2021 and a bit later, after you had received your vaccine and were feeling much better.